



LEAGUE 1
ABSA TUKS
15 JANUARY 2011
RESULTS



MEN

200m A-race (2.2)

1. Lebogang Moeng (BAC) 21.00; 2. Moimane Koketso(BAC) 21.81; 3. Pierre Truter (UJ) 21.94; 4; Brad Bonner (Tuks) 22.58; 5. Theuns Byleveldt (Tuks) 23.04 6. Hanno Ackerman (Tuks) 23.07

B-race (-2.5)

1. Simon Magakwe (BAC) 21.40; 2. Bapula Sefanyetso (BAC) 21.56; 3. Leon du Toit (Tuks) 21.92; 4. Sylvester Abrahams (Plat) 22.11; 5. Andre Hattingh (Tuks) 22.13; 6. Bokamosso Chauke (BAC) 22.81; 7. Heino vd Berg (Tuks) 22.86

Run in Jnr race

Pitso Ramontle (BAC) 22.15

800m

1. Rhynard van Rooyen (Tuks) 1:50.69; 2. Brad Bonner (Tuks) 1:54.12; 3. Themba Madima (Tuks) 1:54.85; 4. Charles Nel (Tuks) 1:56.37; 5. Gladwin Mzazi (Transnet) 1:57.86; 6. Morulane Abbey 1:57.15; 7. Donald Sedise (BAC) 1:58.98; 8. Andy Mukona (Tuks) 2:00.32; 9. Keith Freimond (Tuks) 2:01.49; 10. Ishmael Phokwane 2:02.69; 11. Gerhard Breed (2:05.78; 12. Ulrich Ohlhoff (Tuks) 2:08.60; 13. Johan Buys (Irene) 2:15.41; 14. Adriaan van Wyk (Tuks) 2:18.14;

3000m

Gladwin Mzazi (Transnet) 8:46.95

Pole Vault

1. Heinrich Smit (UJ) 4.70; 2. Eben Beukes (UJ) 4.50; 3. Rian Botha (Tuks) 4.50

Triple Jump

1. Peter Muyeni (Tuks) 13.95 (1.4)

Discus

1. Dewald van Heerden (UJ) 52.01; 2. James Sinclair (Tuks) 49.68; 3. Russell Tucker (Tuks) 48.90

3000m Walk

1. Wayne Snyman (Tuks) 12:58.01; 2. Chris Britz (Tuks) 15:02.33; 3. Marc Mundell (Tuks) 15:53.54

MASTERS

800m

Len Claassen (Tuks) 2:18.68

UNDER 19

200M (-1.2)

1. Reinhart van Zyl (Eldoraigne) 23.15; 2. Lebogang Olien (Tuks) 23.39; 3. Del-Marco Matthee (Tuks) 23.65; Lesego Mosena (HS Clapham) 24.57

800m

Del-Marco Matthee (Tuks) 1:59.27; 2. Reinhardt van Zyl (Eldoraigne) 2"00.79; Morgan Mtoweni 2:07.62

3000m

1. Unathi Neta (AAI) 9:08.25; 2. Ettienne Step (Tuks) 9:11.85; 3. Charles Reynolds 9:47.55; 4. Jaco van Niekerk (Tuks) 10:00.33

3000m Walk

1. Siyanda PLaatjies (Transnet) 15:39.81

Pole Vault

1. Michael Cilliers (Tuks) 4.50

Discus

1. Kevin Botha (Oos Moot) 33.45

UNDER 17**200M (2.0)**

1. Nsuku Mdemela (Tuks) 22.87; 2. Marcel de Beer (Amric) 23.12; 3. Eckard de Goede 23.13; 4. Ruan Nel 23.54; 5. Jason Bosch 23.67; 6. Nathan Kaywitz 24.73; 7. Jason Viljoen (Glen High) 24.77

800m

1. CA Hugo (Waterkloof) 2:08.33; 2. Jason Bosch 2:25.03

400m H

1. Constant Pretorius (AHS) 55.13; 2. Fredrich Pretorius (AHS) 58.43; Jurie Linde 60.59; Wian Brits (AHS) 63.18

Triple Jump

1. Weich Malan (AHS) 12.99 (-1.0)

Javelin

1. Kevin Botha (Oss Moot) 54.22

UNDER 15**200M (1.6)**

1. Tshupo Morovyane 26.59

3000m Walk

1. Pierre Vermaak (UJ) 15:53.18 (Under 13 SA Best)

WOMEN

200m (1.8)

1. Lizeri Erasmus (Tuks) 27.74; 2. Carmen Rogans (Tuks) 28.93

800m

Anuscha Nice (Tuks) 2:07.95; 2. Zintle Sinqe (Tuks) 2:18.27; 3. Louise van Niekerk 2:19.86

3000m

1. Zintle Sinqe (Tuks) 10:25.99

Pole Vault

1. Honorata Saar (Tuks) 3.40; 2. Solize Vosloo (Tuks) 2.60

MASTERS

200M

Stephanie Claasen (Tuks) 33.27

UNDER 19

800m

Happiness Mkhize (Tuks) 2:17.28; 2. Lizbe Buitendach (Mogol AC) 2:18.63; 3. Stella Marais (Tuks) 2:29.55; 4. Charlize Grove (Eskom) 2:30.98

3000m

1. Happiness Mkhize (Tuks) 10:35.38; 2. Letitia Saayman (Tuks) 10:36.65

Pole Vault

1. Danielle Labuschagne (Tuks)

UNDER 17

200m (1.6)

1. Tilana Schoeman (Overkruin) 27.58; 2. Brigitte Louw (Tuks) 28.89

400m H

1. Anja Venter (HS Cent) 68.57

3000m Walk

1. Michelle Strydom (JSA) 18:03.26

UNDER 15

200m (0.7)

1. Renate van Tonder (LS MP) 27.26; 2. Kirsty Gibson (Tuks) 29.09

800m

1. Mareli Hiemstra 2:30.94; 2. Anke Schoeman (Overkruin) 2:38.02

300m H

Liza Roos (Overkruin) 47.85

Discus

1. Riëtte Heyns (AHMP) 37.23